MIRROR MIRROR

OPTIMAL GRADES: 6 – 12

be nice. ACTION PLAN focus: empower

MATERIALS: Sticky notes!

DIRECTIONS:

- Have the **be nice.** student group write affirmations, empowering statements, and general compliments on sticky notes
- Spread these sticky notes throughout the school!
    - Bathroom mirrors
    - Lockers
    - Hallways
    - Classrooms
- Keep the sticky notes up for the week and see how the environment around your school changes!